

## Northeastern Massachusetts Law Enforcement Council

## SWAT/Regional Response Team

Chief Michael Begonis Control Officer Wilmington Police Department Lt. Stephen D. Chaput Commanding Officer Dracut Police Department

Capt. Thomas Fram Executive Officer Methuen Police Department

To:

Chief Michael Begonis Lt. Stephen D. Chaput

From: Date:

October 4, 2012

Re:

October 3, 2012 RRT Training Session

The October monthly training session was held on Wednesday November 7, 2012 at the Shriner's Auditorium in Wilmington. The training session was held from 0900 hours through 1300 hours.

The training session consisted of:

- Red Cross Blood Drive for volutary doners
- Speaker on fitness, nutrition and stress for Police Officers
- Equipment inspection
- PT